

# **Evaluating Telehealth Services**

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#### **Evaluation in Practice**

- Norman, K. et. al. (2023). Describing perspectives of telehealth and the impact of equity in access to health care from community and provider perspectives: A multimethod analysis. *Telemedicine and e-Health* <u>https://doi.org/10.1089/tmj.2023.0036</u>.
- Otto, L. et. al. (2023). The telemedicine community readiness model—successful telemedicine implementation and scale-up. *Frontiers in Digital Health*. <u>https://doi.org/10.3389/fdgth.2023.1057347</u>.
- Li, M. et. al. (2022). Transitioning to telehealth? A guide to evaluating outcomes. *Health Policy and Technology*. <u>https://doi.org/10.1016/j.hlpt.2022.100623</u>.
- Hajesmaeel Gohari, et. al. (2022). The most used questionnaires for evaluating satisfaction, usability, acceptance, and quality, outcomes of mobile health. BMC Medical Informatics and Decision Making. <u>https://doi.org/10.1186/s12911-022-01764-2</u>.
- Shreck, et. al. (2020). Barriers and facilitators to implementing a U.S. Department of Veterans Affairs Telemental Health (TMH) program for rural veterans. *Journal of Rural Mental Health*. <u>https://doi.org/10.1037/rmh0000129</u>

# Telehealth Priority Areas



Information found at https://www.healthcenterinfo.org/telehealth-learning-bundle/

#### **Evaluation Framework**



# Answers the questions Who What When How Why

#### Evaluation in Telehealth



- 1. Determine service needs and define the program model
- 2. Create a strategic plan and include evaluation measures\*
- Monitor the program and services throughout the process

#### Evidence-Based Measures

# National Quality Forum

- Not-for-profit, nonpartisan organization that uses a consensus model of experts across healthcare areas to inform on quality measurement and improvement.
- Rural Telehealth and Healthcare System Readiness Measurement Framework (2021)
- Funded by the Centers for Medicare and Medicaid Services
- Over **40 experts convened** to develop the framework
- Includes five (5) domains:
  - 1. Access to Care and Technology
  - 2. Costs, Business Models, and Logistics
  - 3. Experience
  - 4. Effectiveness
  - 5. Equity

### National Quality Forum: Measures

- Access to Care and Technology
- Costs, Business Models, and Logistics
- Experience
- Effectiveness
- Equity

### National Quality Forum: Access to Care

- Clinical use cases:
  - Primary care
  - Specialty care
  - Existing services and those that can be enhanced with telemedicine appointments
- Geographic distance and travel
- System-wide care coordination

#### DATA SOURCES:

- ✓ How many encounters submitted and reimbursed in-person/telemedicine appts
- ✓ What services are available in rural areas? Which are not?

#### ✓ Retainment

- ✓ How many patients using new services
- ✓ Missed/canceled appointments (reasons)
- ✓ Readmissions

# National Quality Forum: Technology

- Capacity for communication
- Broadband issues and modality
- Digital literacy
- System-wide care coordination (interoperable technology)

- ✓ Broadband maps
- ✓ Patient feedback (technology and equipment)
- ✓ EMR compatibility, add-on components, synchronous/asynchronous options

## National Quality Forum: Operations

- Cost to patients, caregivers, and insurers
- System readiness
- Sustainability
- Technology costs, logistics
- Wider financial impacts on the community
- Legal and compliance

- ✓ Licensure compacts
- ✓ State-level policy, guidelines, and reimbursement allowables
- ✓ Coding (appointment documentation)
- ✓ Quality improvement (PDSA cycles for workflows)

# National Quality Forum: Experience

- Patient experience and learning curve for appointment types
- Caregiver experience
- Clinician experience (training, contingency plans)
- Patient choice
- Patient trust of health system and technology
- Satisfaction

- ✓ Patient travel miles saved (address on file to clinic)
- ✓ Cost per visit
- ✓ Return on investment
- ✓ Added services

## National Quality Forum: Effectiveness

- Quality of care and addressing gaps in care that can be met by telemedicine appointments
- Planning
- Time to care
- Specific care needs of rural patients and those in communities underserved by access to care

- ✓ Time between provider request for consult and consultation
- ✓ Technologies that facilitate clinician's workflow and reduce burnout
- ✓ Extent to which TM appointments are clinically integrated in care setting

# National Quality Forum: Equity

- How quality of care differ by the intersection of factors
- Social determinants of health
- Impact telemedicine and telehealth on addressing inequities

- ✓ Assessing and addressing provider network and care gaps
- ✓ Updated reimbursements from CMS
- ✓ Monitor improvement vs worsening disparities (i.e. broadband and digital literacy)

#### CMS: Social Determinants of Health



#### **Evaluation Resources**

#### HTRC Readiness Assessment

Organization & Governance	Current State	Telehealth Strategy	Technology	Billing & Funding	Community Engagement & Consumer Experience	Telehealth Evaluation & Measurement
Operations & Cultural Adoption	Existing Telehealth Landscape	Strategic Plan	Technology Support	Financial Optimization	Access to Care	Performance Outcomes
Key Drivers & Barriers	Telehealth Service Types & Locations	Strategic Opportunities	Technology Assessment	Payment Models & Regulatory Awareness	Feedback & Experience	Reporting
Legal & Compliance	Clinical Programs & Focus	Strategic Alignment	Interoperability & Integration			
	Telehealth Management		Modality & Data Sharing			
	Clinician Services					
	Navigation & Referral					

#### Readiness Assessment Report: Focus Areas

		Level 1	Level 2	Level 3	Level 4	Level 5
Organization & Governance	Current State	Telehealth Strategy	Technology	Billing & Funding	Community Engagement & Consumer Experience	Telehealth Evaluation & Measurement
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	Navigation & Referral					

### Telehealth Readiness Assessment Tool Kit

- 1. Core Readiness: need and organizational leadership buy-in
- 2. Financial Considerations
- 3. Operations: roles, workflows, operations needs, **assessment**, technology, physical space
- 4. Staff Engagement: education and awareness, innovators and champions
- 5. Patient Readiness: engagement and literacy

#### Telehealth Readiness Assessment Tool Kit

#### **Description of Readiness Levels**

Low Readiness: ≤ 50% – The practice is in the beginning stages and/or has not considered many of the aspects related to the concept or domain and would benefit from reviewing the associated Supporting Guidance document(s) and taking appropriate action.

Moderate Readiness: > 50% and ≤ 75% – The practice has considered some aspects related to the concept or domain and should review the associated Supporting Guidance document(s) to identify areas for improvement.

High Readiness: > 75% – The practice has considered many aspects related to the concept or domain. The Supporting Guidance is available as a resource for areas in which the scoring is lower.

### Telehealth Readiness Assessment Tool Kit



https://mhcc.maryland.gov/mhcc/pages/hit/hit\_telemedicine/documents/TLHT\_TRA\_Tool.pdf

### AMA Playbook

- American Medical Association Telehealth Implementation Playbook
  - Part 1: Warm-Up
    - Telehealth Overview
    - Continuity of Care Licensure Reimbursement
    - Path to Implementation
  - Part 2: Pre-Game
  - Part 3: Game Time
  - Part 4: Post-Game

### AMA Playbook

Key areas supporting evaluation & quality improvement:

- Identifying a need
- Making the case for leadership support (datadriven)
- Preparing the care team
- Partnering with the patient
- Evaluating success
- Scaling current and/or new services



American Medical Association. (2022). Telehealth Implementation Playbook. Retrieved from https://www.ama-assn.org/practice-management/digital/digital-health-implementation-playbook-series.

#### Experience

- Patient and caregiver satisfaction surveys
- Clinician and staff satisfaction and feedback loops
- Reduce costs to patients (reimbursements and fee for service)







American Medical Association. (2022). Telehealth Implementation Playbook. Retrieved from https://www.ama-assn.org/practice-management/digital/digital-health-implementation-playbook-series.

# TTAC: Technology

- Finding the right technology
  - Define "right"
  - Risk assessment
- Hardware integration
- Software integration
- Inventory
- Workflow integration
- Workforce training
- End-user experiences
- Keep up with needs, expectations, and advancements

https://telehealthtechnology.org/toolkit/techn ology-assessment-101/





# Children's Hospital LA

#### Goals:

- Reduced wait times
- Decrease absenteeism from school and work
- Reduce no-show rates
- Improve clinician satisfaction

#### Metrics:

- Virtual visit volume
- Number of clinicians/staff trained and already using
- Number of additional appt opportunities
- Patient/clinician satisfaction
- Shifts in utilization of clinic space (e.g. more "rooms" for in-person visits)
- Opportunity for future programs

#### Goals:

- Identify areas to build and improve
- Increase access to care
- Decrease burden on clinical staff

#### Steps:

- 1. SWOT Analysis
- 2. Gap Analysis
  - 1. Staffing Plan
  - 2. Implementation Plan
- 3. Ongoing monitoring of TM use

SWOT Analysis.

Strengths	Weaknesses	Opportunities	Threats
Protect the health and safety of staff and patients	Patient and staff comfort with technology	Ability to offer consultativeservices data	The end of the public healthemergency and 1135 waivers thatallow IHS to offer this service
Maintain continuity of care	Lack of buy in from staff that will perform telehealth	Alternative clinicalschedulingmodels	Internet connectivity and speed invery rural low income areas
Expand services and remote monitoring services	Reliability of audio video technology used to complete telehealth visits		

Anderson J, Singh J. A Case Study of Using Telehealth in a Rural Healthcare Facility to Expand Services and Protect the Health and Safety of Patients and Staff. Healthcare (Basel). 2021 Jun 15;9(6):736. doi: 10.3390/healthcare9060736. PMID: 34203888; PMCID: PMC8232733.

Gap Analysis.

Goals	Current State	Gap Identification	Efforts to Close the Gap
Provide 25 percentof total primarycare visits viaTelehealth by1 November 2020	Little to notelehealth takingplace despiteestablishing aprogram inMarch/April	Telehealthservices shouldbe used whenpossible for thesafety of patientsand staff	Direct staff to convertvisits suitable fortelehealth to telehealth and implement scheduledtelework/telehealth on a weekly rotating basis
Assign 2–4 providers to telework/telehealthon a weekly rotating basis	Providers are notProviding telehealthservices from home	Telehealth services should be used whenpossible for the safety of patients and staff	Create a schedule fortelework/telehealth on a weekly rotating basis

Anderson J, Singh J. A Case Study of Using Telehealth in a Rural Healthcare Facility to Expand Services and Protect the Health and Safety of Patients and Staff. Healthcare (Basel). 2021 Jun 15;9(6):736. doi: 10.3390/healthcare9060736. PMID: 34203888; PMCID: PMC8232733.

Figure 3



Telehealth Utilization

Anderson J, Singh J. A Case Study of Using Telehealth in a Rural Healthcare Facility to Expand Services and Protect the Health and Safety of Patients and Staff. Healthcare (Basel). 2021 Jun 15;9(6):736. doi: 10.3390/healthcare9060736. PMID: 34203888; PMCID: PMC8232733.



Anderson J, Singh J. A Case Study of Using Telehealth in a Rural Healthcare Facility to Expand Services and Protect the Health and Safety of Patients and Staff. Healthcare (Basel). 2021 Jun 15;9(6):736. doi: 10.3390/healthcare9060736. PMID: 34203888; PMCID: PMC8232733.

#### Oschner Health

#### CASE STUDY #2 OCHSNER HEALTH-HYPERTENSION DIGITAL MEDICINE PROGRAM



American Medical Association. (2022). Telehealth Implementation Playbook. Retrieved from https://www.ama-assn.org/practice-management/digital/digital-health-implementation-playbook-series.



#### Resources

American Medical Association Telehealth Implementation Playbook:

Download a free copy: <u>https://www.ama-assn.org/system/files/ama-telehealth-playbook.pdf</u>

Telehealth Readiness Assessment Took Kit: Access free copy at <a href="https://mhcctelehealthtool.herokuapp.com/">https://mhcctelehealthtool.herokuapp.com/</a>

TTAC Technology Assessment 101: Access free copy at <a href="https://telehealthtechnology.org/toolkit/technology-assessment-101-needs-assessment/">https://telehealthtechnology.org/toolkit/technology-assessment-101-needs-assessment/</a>

Telehealth Learning Bundle: Review the priority areas at <a href="https://www.healthcenterinfo.org/telehealth-learning-bundle/">https://www.healthcenterinfo.org/telehealth-learning-bundle/</a>



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